



# ST. MARK'S ORTHODOX CHURCH

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MARCH 31, 2019

## Clergy

V. Rev. Raymond M. Browne,

Rector

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Email: [frraymondmartin@hotmail.com](mailto:frraymondmartin@hotmail.com)

Protodeacon Gregory Moser, Attached

V. Rev. Michael Sekela, Retired. Attached

## Readers:

- ❖ G. Peter Bohlender
- ❖ Dustin Joseph Crosby

## Choir Directors:

- ❖ Sergei Arhipov
- ❖ Mat. Martha Moser
- ❖ Daria Cortese

## Church School Director

- ❖ Jennifer Sremanak

## Service Schedule

Great Vespers/Vigil

Saturdays 6pm

Eve of Feast 7pm

(6pm on Sundays).

Hours

Sundays and Feast

Days 9:10am.

**Divine Liturgy**

Sundays and Feast Days 9:30 am

**Confessions:**

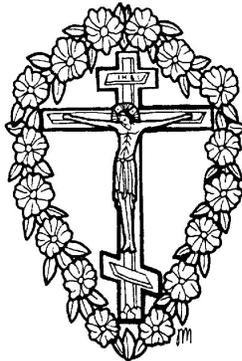
Saturdays after Vespers and by appointment.

**Akathist Service**

Wednesdays at 9:15am.

**Memorial Services (Panikhida/Litya):** as

requested



**THIRD SUNDAY OF LENT — Tone 3. Veneration of the Cross. + Repose of St. Innocent, Metropolitan of Moscow, Enlightener of the Aleuts and Apostle to the Americas (1879). St. Hypatius the Wonderworker, Bishop of Gangra (ca. 336). Ven. Apollonius, Ascetic, of Egypt (4th c.). Hieromartyr Abdas, Bishop of Persia, and Martyr Benjamin the Deacon (418-424). Ven. Hypatius, Abbot of Rufinus in Chalcedon (ca. 446). Ven. Ipátii (Hypatius) the Healer, of the Kiev Caves (Far Caves—14th c.). Repose of St. Jonah, Metropolitan of Moscow and All Russia (1461). & Appearance of the “Iveron” (Iberian) Icon of the Most Holy Theotokos.**

ΕΠΙΣΤΟΛΗ: Hebrews 4:14-5:6

ΓΟСПΕΛ: **Mark 8:34-9:1**

**Baptisms:** Children must have Orthodox Godparents who provide a letter from their parish priest. Parents and Godparents are required to attend two preparatory classes. Scheduling arrangements should be made with the Rector by contacting him directly.

**Weddings:** Arrangements should be made **at least** six months prior to the wedding and scheduling is subject to the liturgical calendar of the church.

**Please do not** make arrangements for receptions without speaking with the Rector first.



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## Weekly Schedule of Services and Events

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**Sun.** Mar 31: Hours and Divine Liturgy 9:10am. Coffee Hour.  
**Wed.** Apr 3: Liturgy of Presanctified Gifts - 9:15am. Building Committee Meeting - 7pm.  
**Fri** Apr 5: Liturgy of Presanctified Gifts - 7pm. DEADLINE FOR PASCHA FOOD SALE ORDERS.

**Sat.** Apr 6: Panikhida for Soul Saturday - 9:30am. Vespers and Confessions -6pm

**Confessions:** This season of repentance is incomplete without a prayerful, honest and humble confession of the sins we are aware of. Please take the time to prepare prayerfully. Aids to confession will be made available during the coming weeks for you to take and use. And please do not put it off until the last minute.

**Lenten Mission Service Schedule:** Please make the effort to attend one of the local services during the Lenten Fast. It is an opportunity to meet our Orthodox brothers and sisters from all the Orthodox Churches in the Greater Philadelphia area. This week at St. George Antiochian Orthodox Church in Upper Darby at 4pm.

**Parish Lenten Retreat:** Thank you to all who attended and assisted in any way.

**Pascha Food Sale:** We will hold our annual Pascha Food sale on Saturday April 13 from 9am to 1pm. Order forms are posted online and the deadline is April 5. We will not take outside orders for Pascha Bread, though a limited number will be for sale on a first come, first served basis on the sale day.

**Save the Date:** Sunday June 30, Parish Picnic with Mortgage Burning and Blessing of Prayer Trail and Shrine to the Theotokos, Joy of All Who Sorrow - Annual Pastoral visit of His Eminence, Archbishop Mark.

**Scrip:** Thank you to all who have participated so far. Purchasing scrip cards for your regular or extraordinary purchases costs you nothing and provides varying financial benefits to our parish. Profit \$44.00, YTD \$130.50.

### Wrightstown Food Cupboard:

Our small weekly contributions offered together make a big difference in the lives of many. Christ is hungry and thirsty. We can feed Him. **Whatever you did for the least of these, you did for me.**

### VIGIL LIGHTS

**FROM** ALAN LEE LITVIN

**FOR THE HEALTH OF:** JOHN LAWRYSH JR., ALL LAWRYSH COUSINS, WALTER HARRIS, ALAN LITVIN, ALL THOSE WHO HAVE NO ONE TO PRAY FOR THEM

**IN MEMORY OF:** JOHN SR. ANNA, BERNIE, JOHN LAWRYSH, JOSEPH PRICE SR., KATHERINE, SAMUEL & AMELIA LITVIN, OLGA & GEORGE PROSACK, AUNT CHUHIE, MICHAEL & THOMAS LAWRYSH

**FROM** PITRA FAMILY

**IN MEMORY OF:** COUSIN GEORGE KACZOR, REPOSED MARCH 17TH

**FROM** IRENE ARHIPOV

**FOR THE HEALTH OF:** SERGEI, NATALIA, PETER, STEPHANIE, HELEN, ALAN, LUDMILLA

**IN MEMORY OF:** KATHERINE, ANNA, ANNA, MARIA, MARIA, EUGENE, VICTOR, VICTOR, ANGELINA, ADELINA, ANTHONY, BORIS

**FROM** MOSERS

**FOR THE HEALTH OF:** FR. DEMETRI, PETER, STEPHANIE, ANDREW

**IN MEMORY OF:** DN JOHN, VERONICA, REBECCA, CHARLES, STEPHEN, SOPHIA

**FROM:** EILEEN MCKEOWN

**FOR THE HEALTH OF:** CATIE, MARGERY

**IN MEMORY OF:** NEWLY DEPARTED KYLE

**FROM** JEANETTE RUANO

**FOR THE HEALTH OF:** GROVER

**FROM** TIBERIU

**FOR THE HEALTH OF:** TIBERIU, TIFFANY, MARIA, MIHAELA, ELENA, ANA, NICHITA





IN MEMORY OF: ION STEFAN, NICOLAE, ANA, ION, CORNELIA, GHEORGHITA

**Please remember in your prayers**

**Living:** Captives Hierarchs Paul and John III afflicted *Matushki* Elena, Laryssa, Lisa, Priscilla, Myra, Suzanne, Gail; *Servants of God* Peter, Stephanie, Anthony, Samuel, Sergei, Michael, Tatyana, Vera, Anna, Scott, Dennis, David, Garry, Vincent, Anthony, Helen, Stephen, Raymond, Darrell, Andrew, Daniel, Amanda and Michael, Laura, Stephen, Jason, Katina, Donna, Nina, Rebekah, Perry, Alexander. **Good estate of** Krastyo, Tom, Michael, Martin, Matthew,



Nicoletta, Carmen and Nathan.

**Departed:** *Newly departed* Archpriest Kirill, Leonard, Venus, Kyle, George *Departed* Archpriests Stephen and Vladimir.

**Birthday:**

**Names Day:** Charlotte Regen, Gillian Crosby - 4/1

## Lenten Reflections from our Fathers in the Faith

St. John Cassian on the signs of pride:

By these signs then, that carnal pride is shown...

- He is utterly lacking in patience, and without charity;
- Impudent in offering insults to others; faint hearted in bearing them himself;
- Troublesome in the matter of obedience; except where his own wishes and liking correspond with his duty;
- Unforgiving in receiving admonition;
- Weak in giving up his own wishes; very stubborn about yielding to those of others;
- Always trying to compass his own ends, and never ready to give them up for others;
- And thus the result is that though he is incapable of giving sound advice, yet in everything he prefers his own opinion to that of others.

■ Institutes, Book XII, Ch. XXIX

## St. John Climacus: Portrait of "The Fool"

3. He who has lost sensibility is a brainless philosopher, a self-condemned commentator, a self-contradictory windbag, a blind man who teaches others to see.

He talks about healing a wound, and does not stop irritating it.

He complains of sickness, and does not stop eating what is harmful.

He prays against it, and immediately goes and does it.

And when he has done it, he is angry with himself; and the wretched man is not ashamed of his own words.

'I am doing wrong,' he cries, and eagerly continues to do so.

His mouth prays against his passion, and his body struggles for it.

He philosophizes about death, but he behaves as if he were immortal.

He groans over the separation of soul and body, but drowns along as if he were eternal.

He talks of temperance and self-control, but he lives for gluttony.



He reads about the judgment and begins to smile.

He reads about vainglory, and is vainglorious while actually reading.

He repeats what he has learnt about vigil, and drops asleep on the spot.

He praises prayer, but runs from it as from the plague.

He blesses obedience, but he is the first to disobey.

He praises detachment, but he is not ashamed to be spiteful and to fight for a rag.

When angered he gets bitter, and he is angered again at his bitterness; and he does not feel that after one defeat he is suffering another.

Having overeaten he repents, and a little later again gives way to it.

He blesses silence, and praises it with a spate of words.

He teaches meekness, and during the actual teaching frequently gets angry. Having woken from passion he sighs, and shaking his head, he again yields to passion.

He condemns laughter, and lectures on mourning with a smile on his face. Before others he blames himself for being vainglorious, and in blaming himself is only angling for glory for himself.

He looks people in the face with passion, and talks about chastity.

While frequenting the world, he praises the solitary life, without realizing that he shames himself.

He extols almsgivers, and reviles beggars.

All the time he is his own accuser, and he does not want to come to his senses—I will not say cannot.

St. John Climacus. The Ladder of Divine Ascent. Step 18, 3.